

LEE VALLEY

COMPETITION SCHEDULE V3

Updated on 16.09.23

Start	Finish	Sunday 17 September	Number of Slots	Interval	Elapsed Time
<b>07:30:00</b>		Venue open	1	00:05:00	00:05:00
<b>07:45:00</b>	08:00:00	Water on	1	00:15:00	00:15:00
<b>OFFICIAL TRAINING</b>					
<b>08:00:00</b>	08:30:00	Forerunners training	1	00:30:00	00:30:00
<b>08:30:00</b>	16:00:00	CSL Training	10	00:45:00	07:30:00
16:00:00	16:05:00	Water Off	1	00:05:00	00:05:00
<b>16:30:00</b>		Venue closed	1	00:05:00	00:05:00
<b>OPENING CEREMONY IN THE WALTHAM ABBEY</b>					
<b>17:30:00</b>	18:40:00	Opening ceremony	1	01:10:00	01:10:00

COMPETITION SCHEDULE V3

Updated on 16.09.23

Start	Finish	Monday 18 September	Number of Slots	Interval	Elapsed Time
07:15:00		Venue open	1	00:05:00	00:05:00
07:45:00	08:00:00	Water on	1	00:15:00	00:15:00
<b>OFFICIAL TRAINING</b>					
08:00:00	14:40:00	CSL Training	10	00:40:00	06:40:00
14:40:00	14:45:00	Water Off	1	00:05:00	00:05:00
<b>ITO 1st MEETING</b>					
14:00:00	15:00:00	ITO Meeting	1	01:00:00	01:00:00
<b>CANOE SLALOM - TEAM EVENTS COURSE CONSTRUCTION</b>					
15:00:00	16:30:00	Team events - Course construction and course setting/Tuning	1	01:30:00	01:30:00
15:45:00	16:30:00	Team events - Course tuning with demonstration runners	1	00:45:00	00:45:00
16:30:00	16:40:00	Team events - Course review with technical manager	1	00:10:00	00:10:00
16:40:00	16:45:00	Team events - Course approval	1	00:05:00	00:05:00
		Interval			00:15:00
17:00:00	17:16:00	Team events - Demonstration run & rehearsal (4 teams)	4	00:04:00	00:16:00
		Interval			00:44:00
18:00:00	18:05:00	Water Off	1	00:05:00	00:05:00
18:30:00		Venue closed	1	00:05:00	00:05:00
Start	Finish	Tuesday 19 September	Number of Boats	Interval	Elapsed Time
08:30:00		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
<b>CANOE SLALOM - TEAM EVENTS</b>					
10:10:00	10:20:00	Forerunners Team	4	00:02:30	00:10:00
		Interval			00:10:00
10:30:00	10:57:30	Women's Canoe Team	11	00:02:30	00:27:30
		Interval			00:04:30
11:02:00	11:42:00	Men's Canoe Team	16	00:02:30	00:40:00
		Interval			00:05:00
11:47:00	12:24:30	Women's Kayak Team	15	00:02:30	00:37:30
		Interval			00:05:30
12:30:00	13:35:00	Men's Kayak Team	26	00:02:30	01:05:00
		Interval			00:25:00
<b>CANOE SLALOM - AWARDS</b>					
14:00:00	14:07:00	Women's Canoe Team - Awards	1	00:07:00	00:07:00
14:07:00	14:14:00	Men's Canoe Team - Awards	1	00:07:00	00:07:00
14:14:00	14:21:00	Women's Kayak Team - Awards	1	00:07:00	00:07:00
14:21:00	14:28:00	Men's Kayak Team - Awards	1	00:07:00	00:07:00
		Interval			
<b>CANOE SLALOM - HEATS COURSE CONSTRUCTION</b>					
14:00:00	16:30:00	Heats - Course construction and course setting/Tuning	1	02:30:00	02:30:00
15:45:00	16:30:00	Heats - Course tuning with demonstration runners	1	00:45:00	00:45:00
16:30:00	16:40:00	Heats - Course review with technical manager	1	00:10:00	00:10:00
16:40:00	16:45:00	Heats - Course approval	1	00:05:00	00:05:00
		Interval			00:15:00
17:00:00	17:16:00	Heats - full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:44:00
18:00:00	18:05:00	Water Off	1	00:05:00	00:05:00
18:15:00		Venue closed	1	00:05:00	00:05:00

COMPETITION SCHEDULE V3

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Start	Finish	Wednesday 20 September	Number of Boats	Interval	Elapsed Time
08:30:00		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
<b>CANOE SLALOM - FORERUNNERS - Group 1</b>					
10:10:00	10:14:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:16:00
<b>CANOE SLALOM - GROUP 1 - Heats run 1</b>					
10:30:00	11:24:00	Women's Canoe - Heats run 1	53	00:01:00	00:53:00
		Interval			00:06:00
11:30:00	12:44:00	Men's Canoe - Heats run 1	74	00:01:00	01:14:00
		Interval			01:16:00
<b>CANOE SLALOM - GROUP 1 - Heats run 2</b>					
14:00:00	14:33:00	Women's Canoe - Heats run 2	33	00:01:00	00:33:00
		Interval			00:06:00
14:39:00	15:33:00	Men's Canoe - Heats run 2	54	00:01:00	00:54:00
		Interval			00:27:00
16:00:00	16:05:00	Water Off	1	00:05:00	00:05:00
16:30:00		Venue closed	1	00:05:00	00:05:00
Start	Finish	Thursday 21 September	Number of Boats	Interval	Elapsed Time
07:00:00		Venue open	1	00:05:00	00:05:00
07:00:00	07:15:00	Water on	1	00:15:00	00:15:00
<b>CANOE SLALOM - FORERUNNERS - Group 2</b>					
08:40:00	08:44:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:16:00
<b>CANOE SLALOM - GROUP 2 - Heats run 1</b>					
09:00:00	10:15:00	Women's Kayak - Heats run 1	75	00:01:00	01:15:00
		Interval			00:06:00
10:21:00	12:03:00	Men's Kayak - Heats run 1	101	00:01:00	01:41:00
		Interval			01:27:00
<b>CANOE SLALOM - GROUP 2 - Heats run 2</b>					
13:30:00	14:25:00	Women's Kayak - Heats run 2	55	00:01:00	00:55:00
		Interval			00:06:00
14:31:00	15:42:00	Men's Kayak - Heats run 2	71	00:01:00	01:11:00
		Interval			00:33:00
<b>CANOE SLALOM - SEMI FINAL / FINAL COURSE- CONSTRUCTION</b>					
16:15:00	17:45:00	Semi final / Final - Course construction	1	01:30:00	01:30:00
17:00:00	17:45:00	Semi final / Final - Course tuning with demonstration runners	1	00:45:00	00:45:00
17:45:00	17:55:00	Semi final / Final - Course review with technical manager	1	00:10:00	00:10:00
17:55:00	18:00:00	Semi final / Final - Course approval	1	00:05:00	00:05:00
		Interval			00:15:00
18:15:00	18:31:00	Semi final / Final - full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:54:00
19:25:00	19:30:00	Water Off	1	00:05:00	00:05:00
19:30:00		Venue closed	1	00:05:00	00:05:00

LEE VALLEY

COMPETITION SCHEDULE V3

Updated on 16.09.23

Start	Finish	Friday 22 September	Number of Boats	Interval	Elapsed Time
08:00:00		Venue open	1	00:05:00	00:05:00
08:00:00	08:15:00	Water on	1	00:15:00	00:15:00
<b>CANOE SLALOM - FORERUNNERS - Group 1</b>					
09:40:00	09:48:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:15:00
<b>Canoe Slalom - Group 1 - Semi finals</b>					
10:00:00	10:03:00	International TV feed ON	1	00:03:00	00:03:00
10:03:00	11:03:00	Women's Canoe - Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:08:00	12:08:00	Men's Canoe - Semi final	30	00:02:00	01:00:00
12:08:00	12:10:00	International TV feed OFF	1	00:02:00	00:02:00
		Interval			01:20:00
<b>Canoe Slalom - Group 1 - Finals &amp; Medals</b>					
13:30:00	13:35:00	International TV feed ON	1	00:05:00	00:05:00
13:35:00	14:06:30	Women's Canoe - Final (1 minute30 " break after the 5th)	10	00:03:00	00:31:30
		Interval			00:05:30
14:12:00	14:43:30	Men's Canoe - Final (1 minute30 " break after the 5th)	10	00:03:00	00:31:30
14:43:30	14:50:00	International TV feed OFF	1	00:06:30	00:06:30
		Interval			00:07:00
14:57:00	15:00:00	International TV feed ON	1	00:03:00	00:03:00
15:00:00	15:06:00	Women's Canoe - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
15:07:00	15:13:00	Men's Canoe- Medals ceremony	1	00:06:00	00:06:00
15:13:00	15:16:00	International TV feed OFF	1	00:03:00	00:03:00
15:30:00	15:35:00	Water Off	1	00:05:00	00:05:00
17:30:00		Venue closed	1	00:05:00	00:05:00
Start	Finish	Saturday 23 September	Number of Boats	Interval	Elapsed Time
08:00:00		Venue open	1	00:05:00	00:05:00
08:00:00	08:15:00	Water on	1	00:15:00	00:15:00
<b>CANOE SLALOM - FORERUNNERS - Group 2</b>					
09:40:00	09:48:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:15:00
<b>Canoe Slalom - Group 2 - Semi finals</b>					
10:00:00	10:03:00	International TV feed ON	1	00:03:00	00:03:00
10:03:00	11:03:00	Women's Kayak - Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:08:00	12:28:00	Men's Kayak - Semi final	40	00:02:00	01:20:00
12:28:00	12:30:00	International TV feed OFF	1	00:02:00	00:02:00
		Interval			01:00:00
<b>Canoe Slalom - Group 2 - Finals &amp; Medals</b>					
13:30:00	13:35:00	International TV feed ON	1	00:05:00	00:05:00
13:35:00	14:06:30	Women's Kayak - Final (1 minute30 " break after the 5th)	10	00:03:00	00:31:30
		Interval			00:05:30
14:12:00	14:43:30	Men's Kayak - Final (1 minute30 " break after the 5th)	10	00:03:00	00:31:30
14:43:30	14:50:00	International TV feed OFF	1	00:06:30	00:06:30
		Interval			00:07:00
14:57:00	15:00:00	International TV feed ON	1	00:03:00	00:03:00
15:00:00	15:06:00	Women's Kayak - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
15:07:00	15:13:00	Men's Kayak- Medals ceremony	1	00:06:00	00:06:00
15:13:00	15:16:00	International TV feed OFF	1	00:03:00	00:03:00
15:30:00	15:35:00	Water Off	1	00:05:00	00:05:00
<b>KAYAK CROSS - COURSE SETTING</b>					
14:50:00	15:20:00	CSL Course removal	1	00:30:00	00:30:00
15:20:00	16:20:00	CSLX - Course Setting	1	01:00:00	01:00:00
<b>OFFICIAL TRAINING</b>					
16:20:00	18:40:00	CSLX Training	4	00:35:00	02:20:00
19:15:00		Venue closed	1	00:05:00	00:05:00

COMPETITION SCHEDULE V3

Updated on 16.09.23

Start	Finish	Sunday 24 September	Number of Boats	Interval	Elapsed Time
<b>07:00:00</b>		Venue open	1	00:05:00	00:05:00
<b>08:00:00</b>	08:15:00	Water on	1	00:15:00	00:15:00
<b>KAYAK CROSS - TIME TRIALS</b>					
<b>08:40:00</b>	08:45:20	Forerunners	8	00:00:40	00:05:20
		Interval			00:14:40
<b>09:00:00</b>	09:46:40	Women's Kayak Cross - Time trials	70	00:00:40	00:46:40
		Interval			00:06:20
09:53:00	11:02:20	Men's Kayak Cross - Time trials	104	00:00:40	01:09:20
		Interval			00:42:40
<b>KAYAK CROSS - HEATS PHASE</b>					
<b>11:45:00</b>	11:51:00	Kayak Cross - Forerunners	2	00:03:00	00:06:00
		Interval			00:04:00
<b>11:55:00</b>	12:19:00	Women's Kayak Cross - Heats	8	00:03:00	00:24:00
12:19:00	12:43:00	Men's Kayak Cross - Heats	8	00:03:00	00:24:00
		Interval			00:47:00
<b>KAYAK CROSS - FINAL PHASES</b>					
<b>13:30:00</b>	13:34:00	International TV feed ON	1	00:04:00	00:04:00
13:34:00	13:52:00	Women's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
		Interval	1	00:01:00	00:01:00
13:53:00	14:11:00	Men's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
14:11:00	14:20:00	Women's Kayak Cross - Semi final	2	00:04:30	00:09:00
14:20:00	14:29:00	Men's Kayak Cross - Semi final	2	00:04:30	00:09:00
		Interval			00:02:00
14:31:00	14:35:30	Women's Kayak Cross - Final	1	00:04:30	00:04:30
		Interval			00:01:30
14:37:00	14:41:30	Men's Kayak Cross - Final	1	00:04:30	00:04:30
14:41:30	<b>14:48:00</b>	International TV feed OFF	1	00:06:30	00:06:30
		Interval			00:10:00
<b>14:58:00</b>	15:01:00	International TV feed ON	1	00:03:00	00:03:00
15:01:00	15:07:00	Women's Kayak - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
15:08:00	15:14:00	Men's Kayak- Medals ceremony	1	00:06:00	00:06:00
<b>CLOSING CEREMONY</b>					
		Interval			00:01:00
<b>15:15:00</b>	15:21:00	CSL Nation Cups	1	00:06:00	00:06:00
<b>15:21:00</b>	15:27:00	CSL Closing ceremony	1	00:06:00	00:06:00
15:27:00	<b>15:30:00</b>	International TV feed OFF	1	00:03:00	00:03:00
15:30:00	15:35:00	Water Off	1	00:05:00	00:05:00
<b>18:00:00</b>		Venue closed	1	00:05:00	00:05:00